

DEER ISLE-STONINGTON ELEMENTARY SCHOOL
<http://www.dises.org>
Telephone: 348-6301

December 13, 2017

Dear Parent/Guardian,

Next Step offers school based programs to raise awareness about dating violence, domestic violence, and to explore the characteristics of healthy relationships. Youth presentations are designed to be interactive and fun and to encourage learning. Youth outreach programs help participants:

- Recognize signs of an abusive partner
- Learn how to help a friend
- Learn core principals to respectful communication and healthy relationships

The three presentations being given will be:

1. - DV 101: Understanding Power and Control
 - What is abuse? Explain Power and Control Wheel
 - How does abuse impact people?
2. -Bystander: How to help
 - How to help each other
 - Helping when it's safe
3. Community Awareness: Bringing positive change into communities and schools
 - Focus on the equality wheel
 - Create a plan to create a safer abuse-free school

During these presentations we will present the Bullying Power and Control Wheel, as well as the Teen Power and Control Wheel. Topics from these wheels include:

- Peer Pressure
- Anger/Emotional abuse
- Intimidation
- Using Social Status
- Minimize/Deny/Blame
- Threats
- Sexual Coercion
- Isolation/Exclusion
- Humiliation
- Technology
- Economic
- Abuse
- Coercion

The Next Step will start presenting to 7th and 8th graders on December 21, 2017. If you do NOT wish your child to attend, please send back this form.

Lynne Witham, Head of School
lwitham@dishs.org

Date: _____

I do not want my student _____ to participate in the Next Step program on December 21, 2017 or for other presentations to be scheduled in the future.

Parent/Guardian Signature